## **Signpost Stockport for Carers**

Signpost Stockport is a local charity, funded in part by Stockport Council and NHS Stockport, to support carers. They run free courses for carers. They also provide services and benefits, such as Fact sheets to give advice, liaison officers to help with completing forms such as for Attendance Allowance and help with grant applications for brief respite care.

For further information, click on the link:

https://www.signpostforcarers.org.uk/