

Greetings from your Chairman

Our AGM went well and your new committee is up and running. Thankyou to everyone who voted.

Back in March I said we're more or less into holiday time, and that I'd had one already. I've now made that two, being just back from Japan, a fascinating country. It's got to be the cleanest place in the world. There's no litter and every thing is spotless. I got the impression that they must clean their cars every evening!

I've since booked another trip, but only to Europe this time. I hope you have arranged something to look forward to. A change is as good as a rest they say. Mind you, I don't know who "they" are. If you know please tell me.

In the meantime, keep taking the tablets and look after yourself.

Alaister Macrae



The Walking Group at White Nancy, Bollington.

Why not take the opportunity to enjoy our beautiful countryside and join the Walking Group. Contact Viv Grimshaw for more details.



Members of the Science Group at Jodrell Bank in May.

Our next two meetings

Doors open 1.30pm Venue – Bramhall URC

Join us – we love your company

May 18 Lancashire Humour: Growing up in the 1940s – Norman Nuttall

**June 15 Don't Shoot the Messenger (A History of Advertising)
– Frank Vigon**

Members – £2

Please remember your u3a Bramhall membership card.

Science for All Group

The Science for All group has a talk on the first Wednesday of each month starting at 2pm in the Bramhall Village Club.

If you are interested in joining the Group, please ring 439-2865.

Mike Hollingsworth

The Knitting Group

Knitting Group A raised £200 for St Ann's Hospice from their Easter sales.

We are now helping them again by knitting Forget-Me-Nots. These will be placed around Manchester Cathedral as bunting on the evening of St Ann's 'Midnight Walk' on June 9th. They are hoping that this will be a Guinness World Record for the longest Forget-Me-Not bunting.

Sheila Porter



Walks

May 24 Poynton
6 m Easy+ Viv Grimshaw 440 0677

June 8 Mottram St Andrew
4.5 m Easy John Brunt 486 9591

June 28 Higher Poynton or Shutlingsloe
Mod/Mod+ Alan Davidson 07857 689169

Definition of Grade:

Easy A flat walk with no hills
Mod generally a flat walk with some hills
Tough A walk with some hills which may be severe

Mapping Bramhall Group

On Wednesday, 26th April Val Murray, coordinator of the Mapping Bramhall group, went with group members Pauline Roberts, Rachel Smith and myself to donate the archive they have created to Michelle Hewitt, Senior Librarian for Archives and Heritage, Stockport Library.

The archive represents over 13 years of research by the group and reflects their diverse interests and experience eg. Bramhall's local farms, leafy suburbs, landmarks and eyesores, cafe surveys, wild plants, gravestones, local heroes and villains, trees, birds, rivers, post boxes, abandoned gate posts, footpaths and panoramas of the village centre.

A huge amount of work over the last year has been put in by the Group, digitizing the archive ready for everyone to enjoy.



Conservation measures are one of the reasons the archive can't be held in Bramhall Library but they will hold an index of contents that can be accessed by going to Stockport. This archive could be preserved for as long as 500 years so please use it, it's truly fascinating.

Chris Stubbs

Val Murray, Pauline Roberts and Rachel Smith with the library archive team

Committee Vacancies

Are you one of the many members who enjoyed our Outings or Xmas Parties in previous years? Do you realise that without the appropriate Committee Vacancies being filled, there will be no further Outings or Parties? It will be a great shame to lose these events in our annual schedule. Therefore why don't you plus a friend, volunteer for these vacancies. Full information will be provided and you will find your involvement both interesting and fun. If you are interested, please contact one of the Committee. THANK YOU.

Holiday Group News

After a short break, the Bramhall U3A Holiday Group is restarting.

Details are to be finalised but in all probability we will be visiting Oxfordshire for a four day adventure between Thursday 25th and Sunday 28th April **2024**. The trip is likely to comprise:

Coach travel to and from Bramhall

3 nights accommodation with bed, breakfast and evening meal in Oxfordshire.

Day trips to - Blenheim Palace, historic Oxford, Bletchley Park and potentially a National Trust venue (if time permits.)

Further details to be announced in due course via the website and the Newsletter.

MEANTIME PLEASE NOTE THE DATES IN YOUR DIARY.

Frank Tucker

Proposed New Group – Senior Personal Training

This proposed group will be run by Gaynor, a fully qualified Personal Fitness Trainer. Included in sessions would be Upper body strength training, Lower body strength training, Body core and Whole body. For each of these, flexible bands or body weight will be used to provide resistance. Typically there will be several sets of different exercises, each set comprising 12 or more repetitions. Before and after each training session there will be a warm up/cool down period comprising stretches or light dancing.

If you are interested in training and getting fit, email:

groups@bramhallu3a.org.uk with Training as the subject. Please give your name and current Bramhall u3a membership number.

North West Region Conference and AGM 2023

Quaker Meeting House, School Lane, Liverpool, L1 3BT July 4th 10.00 – 4.00pm

Who is it for? Anyone who wishes to attend, as well as those voting representatives at the AGM Programme . There will be various discussions groups plus a concert pianist performance.

Please register by Monday June 26th . Online access code [https://forms.gle/](https://forms.gle/GE8eVTSsRn5XBYpr6)

GE8eVTSsRn5XBYpr6 • Or by post to Gill Russell, 71 Barn Hey Crescent, Meols, Wirral CH47 9RW

Date	THEATRE – Events open for booking <i>Theatre contacts: Frances Bell (439.8654) & Kay Witham (439.6898)</i>	Price
Forthcoming Events 2023		
May 20 – 27	Private Lives by Noel Coward Players Theatre	£11
July 30	The Mikado Sunday trip to Buxton <i>Fully Booked</i> – By coach	£45 approx.
Oct 25 & 29	The Music Man Stockport Operatic Society – Plaza Sat. Matinee	£18 approx.
Dec 13	G4 at Gorton Monastery	TBC

Cancellation, Refund and Guest Policies for Outings and Theatre Trips

A **full refund** will be made if a booking with payment is cancelled by telephone **within 7 days of the booking being made**. In other circumstances, a **full or partial refund** will only be made if there is a sufficient number of members on the trip to cover the costs. A refund of ticket costs can only be made where either the ticket has not yet been purchased or the ticket is sold to another member. **Refunds** - All refunds will be made after the theatre event/outing has taken place.

Guest policy - Non-members can come on a theatre event/outing as a guest of a member on **one occasion only**.

Other Aspects

The costs for all theatre events, outings and holidays will include transport, driver's tip and where appropriate, tickets. The dates for future outings, for which bookings are not yet being taken, are posted on the website under *Dates for your Diary*.

Bramhall

u3a

Committee

Alaister Macrae Chairman
Alistair Gardner Treasurer
Kay Witham Membership
Bob Dumbarton Newsletter
Frances Bell Theatre
Jill Rickman Almoner
Barrie Roberts Website Manager
Clare Forrest External Relations

Peter Webster Vice-Chair/Newsletter
Meg Rowell Meetings
Helen Webster Speaker Secretary
Chris Stubbs Groups
Vera Moore Dining Group
Graham Porter Accommodation
Frank Tucker Holidays

VACANCIES

Outings

Business Secretary

Events

Groups

Art
Art Appreciation
Badminton
Bird Watching
Books
Bowling – Crown Green
Bridge – Improvers
Bridge – Beginners
Café book club 1
2
3
Canasta
Card making
Creative writing
Cribbage
Cycling
Dining
Discussion
Family History 1
2
Fitness & flexibility
French
Gardening A
Gardening B
German Intermediate
History
Italian Beginners
Italian Improvers
Knitting A
Knitting B
Mapping Bramhall
Music for Pleasure
Pickleball
Pilates A
Poetry
Pub Quiz
Science for All
Scrabble
Singing For Fun
Spanish – Intermediate
Spanish – Upper Intermediate
Strollers
Table Tennis: Fun for All
Competitive Singles
Transports of Delight
Ukulele
Video & Film Making
Walking
Wine Tasting

Co-ordinators

Mel Edge
VACANT
Phil Kay
Robert Mantle
Paul Carter
Dudley Newell
Gordon & Ruth Kempster
Ray Lee
Angela Harding
Kay Witham
Olga Hampson
Sharon Turner
Margaret Ramsden
Jill Rickman
Pat George
Val Barker
Ian Pennie
Vera Moore
Dina Levy
Mary Hambleton
Brian Turner
Vikki Radford
Kay Witham
Carol Wilson
Nancy Comerford
Jean Cox
Angela Devaney
Steve Goodall
Helen Webster
Sheila Porter
Shelagh Lord
Val Murray
Jackie Harmer
Julie Suckling
Vikki Radford
Valerie Greenwood
Cathie Kay
Mike Hollingsworth
Val Barker
Vera McWhirter
Diana Blaney
Janet Smith
Gwendoline Sharrock
Liz Pennington
Liz Pennington
Peter Webster
Jackie Harmer
Alaister Macrae
Viv Grimshaw
Judy Godsell

Days/Times

2nd + 4th Wednesday – 10am to 12
2nd Wednesday – 2p,m
Tuesday – 1.45pm to 3.45
Usually 4th Wednesday –
at 9.15am
4th Thursday
Contact for details
Wednesdays – 10am to 12
Wednesday – 2pm
Monthly. Tuesday – PM
Monthly. Monday – 10.30am
Monthly. 3rd Wednesday – PM
1st Wednesday – 2pm
Alt. Mondays 2pm – 4
2nd Wednesday – 2pm
1st Thursday – 7.30pm
Every other Tuesday – 10am
Tues. or Wed. evening – 4th week
4th Monday – 2.30pm ***New Time***
Monthly – Wednesday 2pm
First Thursday – 1pm to 3.00
Mondays 09.30 – 10.15
Alternate Mondays – 2pm
2nd Monday – 2pm
2nd Monday – 2pm
2nd and 4th Tuesdays – 10.30am
Alt Thurs – 10am to 12
2nd + 4th Tuesday – 10am
Alt Wed – 10am to 11
3rd Tuesday – 2pm
1st Thursday – 2pm
3rd Monday – 2pm
3rd Friday – 10.30am
Every weekday – 10am to 12
Monday – 10.30am + 11.40am
2nd Monday – 1.30pm
1st Thursday – 8.30 for 9pm
1st Wednesday – 2pm to 4
2nd Monday – 2pm to 4.30
1st + 3rd Monday – 10am
Thursdays – 2pm to 4
Tuesdays – 10am to 11.30
1st Tuesday pm – 3rd Wed. am
1st/2nd/3rd Wednesday – 10 to 12
4th Wednesday – 10.30 to 12
Contact for details
2nd and 4th Tuesday – 2pm
Alternate Fridays – 2pm
See schedule on website
Bi-monthly – contact for details