5th Birthday Tea Party

Bramhall U3A are celebrating their 5th Birthday this year by holding a Tea Party on Thursday July 2 between 2.00 pm and 4.00 pm at St Michael's Hall. Tickets will be priced at £3 and will be initially available through your Group Co-ordinators or direct from Bob Dumbarton. The tickets will be for members only and the price will include refreshments and entry to a raffle. Many of our Groups will be displaying how they have evolved our the past 5 years and some will provide entertainment during the afternoon.

The Memory Course Team consists of 2 presenters and 3 administrators. We are looking to recruit 2 or more new administrators, ideally people who have already completed the Memory Course. If you are interested in joining us for a potential course in November 2015, please give your details to one of the Groups Organisers, Ann Smith, Helen Webster or Pat George. For more details contact groups@bramhallu3a.org.uk.

Fitness & Flexibility meet Monday at 10.30 in the Scout Hut on Fir Road. The class is a fun workout which it suitable for all levels. You can work at your own level and existing injuries are taken into account. The class consists of simple, easy-to-follow exercises to great music. All you need to bring is a drink of water and a mat or towel. We do floor exercises but alternatives are given if you don't like getting on the floor. You can join in and pay weekly or pay for a course. A warm welcome awaits you. Contact groups@bramhallu3a.org.uk for more information

Personal Image Course. We hope to run new 6 week course starting on Tuesday morning, 28 July, 10-12 noon and finishing on Tuesday 1 September. There are a few names on the waiting list but the course requires a minimum of 12 people. Don't worry if you can't come to all the sessions, we will go over with you anything you miss. For more details contact groups@bramhallu3a.org.uk.

Birdwatching Group News and Programme - Our most recent trips have been to Marbury Country Park and Moore Nature reserve/Old Moss. Both trips provided a good list of birds, including good views of a bittern in the reed bed at Marbury. We have decided to have some trips on Wednesdays and some on Fridays to allow more people to come to at least some of them. Our next trip is to the Bollin Valley area, starting from Prestbury, hoping some spring migrants will have arrived. Meet for car-sharing at St Michael's car park at 8am. We are starting earlier now that the mornings are lighter. If you are new to our group please phone Diana Oldfield, if you intend to come. Further trips are planned as follows: Friday May 22 @7.45am, Goyt Valley; Weds June 17 @ 7.30am, Anglesey; Friday July 24 @ 7.45am, Burton/Wirral; Weds August 19 @ 7.45am, Wyre area.

For further details please contact Diana Oldfield or Paul Carter

Date	Events open for booking	Price
Friday 19 June	The Wirral Peninsula (including Port Sunlight)	£26
Friday 17 July	Manchester Ship Canal to Liverpool	£44
Thursday 6 Aug	Barnum, Lowry Theatre (matinee)	£46.50
Tuesday 29 Sept	BBC Media City	£9.75
Thursday 8 Oct	The Importance of Being Earnest, Lowry Theatre (matinee)	£32

Date	Full but with a waiting list	Price
Friday 17 April	Eyam Hall & Biddulph Grange	£9.50 (N.T.); £23 (non-N.T.)
Wednesday 22 April	Dance 'Til Dawn, Lowry Theatre (matinee)	£48.80
Monday 11 May	Welsh Highland Railway	£39
Wednesday 20 May	To Kill a Mockingbird, Lowry Theatre (matinee)	£33.20
Sat 12 – Mon 14 Sept (short break)	Stonehenge, Bath & Bristol – A 2 night stay	£210 + £50 single supplement

Events can be booked at monthly meetings and via the U3A website http://www.bramhallu3a.org.uk

College that truly stretches the grey matter - The U3A has made The Times Newspaper with an article on the 7th April. It explains how the U3A is expanding nationally and how it fulfils a real need for retired people. See http://www.thetimes.co.uk/tto/education/article4403597.ece.

The membership fee for 2015 is now overdue. If you have any questions about membership please contact Kay Witham

Bramhall **IBM** Interest groups

Group

Art Badminton Bird Watching

Books

Bridge Beginners Improvers

Card making Church history Computers Creative writing Cribbage

Crown green bowling

Cycling Dining

Discussion

Dog walking **Embroidery** Family History

Film & discussion Fitness & flexibility

French Gardening

German - Intermediate

History

Italian - Improvers

Knitting Line Dancing Mapping Bramhall Music for leisure Norwegian Personal Image Photography **Pilates** Play reading Poetry Pub Quiz

Real Railway Group Science for All

Scottish country dance

Scrabble Singing for fun Spanish - Intermediate Spanish - Upper Inter. **Table Tennis** Ukulele

Video Walking Wine Tasting Theatre/outings

Holidays

Co-ordinator

Peter Richardson Douglas Moore Diana Oldfield Paul Carter **Dudley Newell** Peter Levy Ray Lee Sue Young

Dorothy Chesterman Dorothy Chesterman Michael Lacey Pat George Val Barker Ann Smith

TBA

Janet McMurray Joy Armstrong Dina Levy Pat Wright Ann Smith

Dorothy Chesterman

Diane Bright Mary Hambleton Brian Turner Pamela Roth Vikki Radford Kay Witham Marilyn Hughes Alison Davids Angela Devaney Margaret France Helen Webster Mary Flynn Chris Chapman

Val Murray Joanne Haigh Joan Mobbs Catherine Jones Janice Shaw Wendy Litchfield Olga Hampson Lynn Whyte Sheila Porter Peter Webster

Mike Hollingsworth Sheila Bruce-Smith Val Barker Gillian Rowe Diana Blaney Gaye Huddart Liz Pennington Joyce Kilgour Ann Gray

Mike Waterhouse **Bob Dumbarton** Jenny Richmond Chris Hollingsworth Val Graham

Tricia Canning Gill Moorhouse Days/times

Alt Mondays 1-3pm Tuesday 2-4pm

Usually 4th Wednesday

@ 9.15am 4th Thursday Tuesdays 2 - 4pm

Wednesdays 10am - noon 1st Thu @ 7pm + 3rd Mon @ 2pm

Alt. Mondays 2 - 4pm Wednesday 10 -12 Phone for information 2nd Wednesday 2pm 4th Thursday 7.30pm

April to October - Mondays 10am

Tuesday or Wednesday evenings -

4th week of each month 4th Monday 2pm 3rd Friday 2pm

2nd Sunday - contact for details 2nd Thursday 10am -12noon Monthly - Wednesday 2pm Monthly - Wednesday 2pm First Thursday 1-3pm 4th Wednesday 10.30am

Monday 10.30

Alternate Mondays @ 2pm

4th Thursday

2nd and 4th Tuesdays @ 10.30am

Alt Thurs 10 - noon Alt Thurs 10 - noon Alt Thursdays 10am 1st Tuesday 2pm

Wednesday 1.30 - 3.30pm

3rd Monday 2pm 3rd Friday 10.30am Tuesdays 10.30am Thursdays 10am-noon 3rd Monday @ 2pm See website for details 1st Thursday 10am 2nd Monday 2pm Last Thursday 8.30pm Monthly - contact for details

4th Tuesday 2 - 4pm Alt Fridays 1.30 - 3pm 2nd Monday 2 - 4.30

1st & 3rd Mondays 9.30 - 11.30

Thursdays 2 - 4pm Tuesdays 10 -11.30am

1st, 2nd + 3rd Wed 10.30-12.00

1st + 3rd Tuesday

2pm

Last Friday @ 2pm See schedule on website Bi-monthly - contact for details

See newsletter and website

See newsletter and website