

Bramhall U3A is justly proud of the wide range of interest groups we are able to offer, thanks to the enthusiasm and expertise of so many of our members. To celebrate this, we are holding a 'Thank You' lunch for all Group Co-ordinators on Friday March 6th in St Michael's church hall. This an opportunity for us to reward the hard work and planning that goes into all our groups, on a purely voluntary basis. It will also give time for co-ordinators to compare notes and share ideas, with a view to maintaining our high standards and potentially improving the service.

Community - Stockport Council have made their website much more useful. On the home page there are sections on Report It (e.g. street light faults), Pay (e.g. Council tax), Apply For (e.g. Council tax support) and Get Involved (e.g. Public consultations). A new Find It portal has been added to the home page. Here entering your post code enables you to access information local to you. The My House tab gives you data on your property, your councillors and your local services. The My Nearest tab widens the search to a greater area. Finally, the My Maps tab pinpoints local services on a map centred on your house. Go to <http://www.stockport.gov.uk> to see what is on offer.

The Local 50+ Show will be held again at Stockport Town Hall on Friday 20th March from 9.30am to 3pm. You can obtain your free tickets by phoning 0114-248-3458 or follow the link from <http://www.goldenyearsroadshow.co.uk/EventsDetails/Stockport-/376> Tickets are £3 on the door.

Mapping Bramhall Group - Over the last year members of the Mapping Bramhall group have presented and talked about their favourite maps. We wondered if any other member of the Bramhall U3A had a map they would like to show us, of anywhere, any style? Indeed there might also be stories or information about Bramhall which could be shared with us in a one off visit to the group. We meet on the third Monday afternoons. Contact groups@bramhallu3a.org.uk

Memory Course Since the first trial course 3 years ago, approximately 100 members have benefitted from this enjoyable and positive experience. We cover several aspects: understanding our memory; effect of attitude on memory; maintaining memory and preventing dementia; managing existing memory problems; confidence in our memory now and in the future. Supplementary material is added by the presenters in the form of diagrams, pictures and some fun observations. All members receive a course booklet reminding them of the contents of the 4 Sessions, which last 2 hours each. Interested? If so, please contact Pauline Jarvis.

Date	Events open for booking	Price
Fri 20 Mar	Towneley Hall & Boundary Mill	£26
Fri 17 Apr	Eyam Hall & Biddulph Grange	£9.50 (N.T.) or £23 (non-N.T.)
Wed 22 Apr	Dance 'Til Dawn, Lowry Theatre (matinee)	£48.80
Mon 11 May	Welsh Highland Railway	£39
Wed 20 May	To Kill a Mockingbird, Lowry Theatre (matinee)	£33.20
Sat 12 – Mon 14 September	Stonehenge, Bath & Bristol – A 2 night stay (Places still available – including singles.)	£210 (£50 single Supplement)

Date	Full but with a waiting list	Price
Thurs 5 Mar	Coppelia – Ballet at the Lowry Theatre (matinee)	£46
Wed 18 Mar 2015	The Producers, Palace Theatre (matinee)	£28
Thurs 19 Mar	Oklahoma, Lowry Theatre (evening)	£40.50

Events can be booked at monthly meetings and via the U3A website <http://www.bramhallu3a.org.uk>

Computer Group - tutors wanted. Our courses are usually on Tuesdays or Thursdays 15.45-17.45 at Queensgate School. If you are competent (no need to be expert - we deal mostly with beginners) on Windows (any of XP, Vista, 7 or 8), Android or Apple iOS then please consider helping us. No preparation needed - tutors respond to the needs and interests of group members. Please contact groups@bramhallu3a.org.uk. Subject Computer Group.

SILVER THREADS AND HIDDEN GEMS - copies of the Creative Writing Group's book are still available. Cost is £3 with all proceeds to one of our charities, *The Wellspring*. Please contact Pat George or Dorothy Chesterman for your copy.

Membership subscriptions of £10, are now due. Please see Kay Witham or Dorothy Chesterman*

Bramhall Interest groups

Group	Co-ordinator	Days/times
Art	Peter Richardson	Alt Mondays 1-3pm
Badminton	Douglas Moore	Tuesday 2-4pm
Bird Watching	Diana Oldfield Paul Carter	Usually 4th Wednesday @ 9.15am
Books	Dudley Newell	4th Thursday
Bridge Beginners	Peter Levy	Tuesdays 2 - 4pm
Improvers	Ray Lee	Wednesdays 10am - noon
Canasta	Sue Young	1st Thu @ 7pm + 3rd Mon @ 2pm
Card making	Dorothy Chesterman	Alt. Mondays 2 - 4pm
Church history	Dorothy Chesterman	Phone for information.
Computers	Michael Lacey	Phone for information
Creative writing	Pat George	2nd Wednesday 2pm
Cribbage	Val Barker	4th Thursday 7.30pm
Crown green bowling	Ann Smith	April to October - Mondays 10am
Cycling	TBA	TBA
Dining	Janet McMurray	Tuesday or Wednesday evenings - 3rd week of each month
Discussion	Joy Armstrong	4th Monday 2pm
	Dina Levy	3rd Friday 2pm
	Pat Wright	2nd Sunday - contact for details
Dog walking	Ann Smith	2nd Thursday 10am -12noon
Embroidery	Dorothy Chesterman	Monthly - Wednesday 2pm
Family History	Diane Bright	Monthly - Wednesday 2pm
	Mary Hambleton	First Thursday 1-3pm
	Brian Turner	4th Wednesday 10.30am
Film & discussion	Pamela Roth	Mondays 10.30-11.30 & 11.30 -12.30
Fitness & flexibility	Vikki Radford	Alternate Mondays @ 2pm
French	Kay Witham	4th Tuesday
Gardening	Marilyn Hughes	2nd and 4th Tuesdays @ 10.30am
German - Intermediate	Alison Davids	Alt Thurs 10 - noon
History	Angela Devaney	Alt Thurs 10 - noon
	Margaret France	Alt Thursdays 10am
Italian - Improvers	Helen Webster	1st Tuesday 2pm
Knitting	Mary Flynn	Wednesday 1.30 - 3.30pm
Line Dancing	Chris Chapman	3rd Monday 2pm
Mapping Bramhall	Val Murray	3rd Friday 10.30am
Music for leisure	Joanne Haigh	Tuesdays 10.30am
Norwegian	Joan Mobbs	Thursdays 10am-noon
Personal Image	Catherine Jones	3rd Monday @ 2pm
Photography	Janice Shaw	See website for details
Pilates	Wendy Litchfield	1st Thursday 10am
Play reading	Olga Hampson	2nd Monday 2pm
Poetry	Lynn Whyte	Last Thursday each month
Pub Quiz	Sheila Porter	Monthly - contact for details
Real Railway Group	Peter Webster	4th Tuesday 2 - 4pm
Science for All	Mike Hollingsworth	Alt Fridays 1.30 - 3pm
Scottish country dance	Sheila Bruce-Smith	2nd Monday 2 - 4.30
Scrabble	Val Barker	1st & 3rd Mondays 9.30 - 11.30
Singing for fun	Gill Rowe	Thursdays 2 - 4pm
Spanish - Intermediate	Diana Blaney	Tuesdays 10 -11.30am
Spanish - Upper Inter.	Gaye Huddart	1st, 2nd + 3rd Wed 10.30-12.00
Table Tennis	Liz Pennington	1st + 3rd Tuesday 2pm
Ukulele	Joyce Kilgour	1st Friday @ 2pm
	Ann Gray	See newsletter and website
Video	Mike Waterhouse	Bi-monthly - contact for details
Walking	Bob Dumbarton	See newsletter and website
Wine Tasting	Jenny Richmond	
Theatre/outings	Chris Hollingsworth	
	Val Graham	
	Tricia Canning	
Holidays	Gill Moorhouse	See newsletter and website