



# June 2013 Bramhall

www.bramhallu3a.org.uk



## Groups ...

**Proposed CRIBBAGE Group** - One of our Members has kindly offered to coordinate a Cribbage Group; if you are at all interested please contact : [groups@bramhallu3a.co.uk](mailto:groups@bramhallu3a.co.uk)

## Wine tasting Group

We are hoping to start a Wine Tasting Group and I need to know if there are enough interested members to make this a viable venture. The group would meet every 2 months to listen to an expert giving some interesting facts about each wine before sampling the same. The venue and cost will very much depend on the number of members involved. To register your interest, please e-mail your name and e-mail/telephone number to [groups@bramhallu3a.org.uk](mailto:groups@bramhallu3a.org.uk) with subject "Wine Tasting".

## Essentials Oils Group

We have a new member who practised aromatherapy and would be willing to run a group explaining the benefits of essential oils. It will be a 6 week course with hands on demonstration of practical neck and shoulder massage. You would also blend essential oils into various carriers, such as aqueous cream, aloe vera gel etc to take home and use. The course will aim to give information about the use of natural ingredients rather than chemicals.

If you are interested in joining this group then please email [groups@bramhallu3a.org.uk](mailto:groups@bramhallu3a.org.uk) with Essential Oils as the subject for further information.

## Music for Leisure welcomes new members.

We meet on the 3rd Friday of the month at 10.30am for two hours of musical entertainment. Each programme is devised by a different member of the group so you could hear opera, classical, jazz, musicals, divas, big bands, in fact anything goes. It all adds up to a relaxing morning in congenial company.

## Dates ...

- 18 July**  
Snow in my beard, and a big belly *Dr Adrian Sutton*
- 15 August**  
Lower Mosswood Nature reserve *Ray Jackson*
- 19 September**  
My life in the wine trade *Ian Bostock*
- 17 October**  
My life in jazz - so far. *Ian Rodger*

## Community ...

### Bramhall Festival - 29 & 30 June

**Bramhall U3A** are having a stall at the Bramhall Festival on Sunday 30 June between 11am & 4pm, in Bramhall Precinct.

We will be selling hand made greeting cards and knitted items made by members of our **U3A** craft groups. There will be a celebrity picture quiz and information about **Bramhall U3A**. Our choir will be performing between 2.20 & 2.40. All money raised will go to '**The Wellspring**' a charity for the disadvantaged of Stockport. [www.thewellspring.btck.co.uk/](http://www.thewellspring.btck.co.uk/)

**Are you a carer?** Would you appreciate some support? **Signpost Stockport for Carers**, a local charity, may provide just the right services and benefits for you. They are running free courses designed for Carers, provide fact sheets to give advice, have liaison officers to assist with completing forms such as Attendance Allowance and help with grant applications for respite care. For further information go to [www.signpostforcarers.org.uk](http://www.signpostforcarers.org.uk), go to the Bramhall U3A website (Community Information page) or contact Mike Hollingsworth.

## Science Study Day

### 'The Wonders of the Universe'

Tues 10<sup>th</sup> September 9.30-3.30, Gatley URC, Elm road, Gatley.

**Professor Ian Morison** - "The Creation and Evolution of the Universe"

**Professor Fred Loebinger** - "The Inner Secrets of the Universe - the Story of Elementary Particle Physics"

**Cost: £15, including lunch and am/pm refreshments**

For further details and booking form see the Bramhall U3A website, Other Events or contact Mike Hollingsworth  
(Organized by the NE Cheshire U3A Network)

## Walking group ...

<b>Wed 26 June</b> <b>Bollington</b> Tony Sharples	<b>Thurs 11 July</b> <b>Tittesworth</b> 4.5miles, Easy. Peter Rhodes	<b>Wed 24 July</b> <b>Wildboarclough</b> 5miles, Mod. Bob Dumbarton
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# Bramhall U3A Interest groups

Group	Coordinator	Meeting dates
<b>Archaeology</b>	Peter Levy	Outings usually on Fridays
Art	Peter Richardson	Alt Mondays 1-3pm
<b>Badminton</b>	Jenny Gibson	Tuesday 2-4pm
Bird Watching	Diana Oldfield	Monthly: Please call.
<b>Book group</b>	Dudley Newell	4th Thursday
Bridge - Improvers	Rodney Inglesfield	Wednesdays 10am-noon
<b>Canasta group</b>	Sue Young	1st Thu @ 7pm + 3rd Mon @ 2pm
Card making	Dorothy Chesterman	Alt Mondays
<b>Choir</b>	Chris Hollingsworth	2nd and 4th Tues 10am-noon
Church history	Dorothy Chesterman	Alt Weds 10am-noon
<b>Computers</b>	Michael lacey	Please call for details
Creative writing	Keith Wright	2nd Wednesday 2pm
<b>Crown green bowling</b>	Ann Smith	Mondays 10am
Cycling	Ann Green	Tuesdays
<b>Dining</b>	Janet McMurray	Monthly - Tuesday or
Dining	Joy Armstrong	Wednesday evenings
<b>Discussion group A</b>	Dina Levy	4th Monday 2pm
Discussion group B	Pat Wright	3rd Friday 2pm
<b>Embroidery</b>	Dorothy Chesterman	2nd Thursday 10am -12noon
Family History A	Diane Bright	Wednesdays 2pm
<b>Family History B</b>	Mary Hambleton	Wednesdays 2 - 4pm
Family History C	Brian Turner	First Thursday 1-3pm
<b>Film &amp; discussion</b>	Pamela Roth	4th Wednesday 10.30am
French	Kay Witham	Alternate Mondays 2pm
<b>Gardening</b>	Ron Butler	Thursday 2pm
German Intermediate	Alison Davids	2nd and 4th Tuesdays
<b>History</b>	Tom Fanning	Alt Thurs 10 -12
Italian	Helen Webster	Alt Thursdays 10am
<b>Knitting</b>	Mary Flynn	1st Tuesday 2pm
Line Dancing	Chris Chapman	Wednesday 1.30-3pm
<b>Mapping Bramhall</b>	Val Murray	3rd Monday 2pm
Music for leisure	Joanne Haigh	3rd Friday 10.30am
<b>Norwegian</b>	Joan Mobbs	Tuesdays 10.30am
Personal Image	Catherine Jones	Thursdays 10am-noon
<b>Pilates</b>	Wendy Litchfield	Mon 11.30-12.30 + Thurs 10-11
Play reading Group	Olga Hampson	1st Thursday 10am
<b>Poetry</b>	Lynn Whyte	2nd Monday 2pm
Pub Quiz	Shella Porter	4th Sunday 8.30pm
<b>Scottish country dance</b>	Shella Bruce-Smith	Alt Fridays 1.30 - 3.
Science for All	Mike Hollingsworth	4th Tuesday 2 - 4
<b>Scrabble</b>	Val Barker	2nd Monday 2 - 4.30
Spanish Upper Intermediate	Gaye Huddart	Tuesdays 10-11 3.00am
<b>Spanish Intermediate</b>	Diana Blaney	Thursdays 2-4pm
Swimming	Jo Critchley	Thurs 9.30am, Hazel Grove pool
<b>Table Tennis</b>	Liz Pennington	1st + 2nd Wed & 4th Mon
Walking	Bob Dumbarton	10.30 - 12.00
<b>Theatre/outings</b>	Chris Hollingsworth	See newsletters and website
Holidays	Val Graham	See newsletters and website
	Jenny Richmond	and
	Peter Rhodes	website
		See newsletters and website

## Theatre & Outings ...

Event date	Visits	Price
Fri 19 July	Stamford, Lincs	£20
Thurs 5 Sept	Portmeirion, N. Wales	£35
Wed 27 Nov	BBC Media City, Salford. (Own transport)	£7.25

Event date	Theatre - Places available	Price
Wed 2 Oct	<b>Wicked</b> , Palace Theatre (matinee)	£40
Thurs 14 Nov	<b>Singin' in the Rain</b> , Manchester Opera House (matinee)	£40

Event date	Theatre - Full but with waiting list	Price
Thurs 11 July	<b>Ghost</b> , Manchester Opera House (matinee)*	£32
Wed 14 Aug	<b>Save the Last Dance for Me</b> , Palace Theatre (matinee)*	£32
Mon 2 Dec	<b>WarHorse</b> , Lowry Theatre (evening)*	£50

If you have any photos of U3A activities that you would like to share, please forward them to [communications@bramhallu3a.org.uk](mailto:communications@bramhallu3a.org.uk)

The events marked with a \* are full but you can apply to go on the waiting list. The costs for all outings include transport, driver's tip and tickets. Events can be booked at monthly meetings and via the U3A website [www.bramhallu3a.org.uk](http://www.bramhallu3a.org.uk).

The dates of several future outings, for which bookings are not being yet taken, are posted on the website under Dates for your Diary.

**PLEASE NOTE - During July and August, the hall we use for our monthly meeting is being refurbished and will not be available.**

**For those two months our meetings will take place in Bramhall United Reform Church, on the corner of Robins Lane.**