



May 2013 Bramhall

www.bramhallu3a.org.uk



Notes from the chair...

Our holiday to the Isle of Man was a resounding success and we all returned more informed about the history of Tynwall, the Manx parliament, with an interactive lesson at the Old Tynwall building in Castletown and a visit to Tynwall Hill where each year, the laws are read out. It is an island with a lot of fascinating history. Our thanks to Peter Rhodes for organising it - he is already in discussions about next year's holiday so watch this space.

Each month at the end of the meeting, we will be serving tea to new members or members who want to find out about groups in the lounge. It would be helpful if group co-ordinators would try to be there or send a representative.

The committee has been asked about having group meetings over the weekend. Our groups have developed to fit with the members in them but there is no reason why groups should not meet in the evenings or at weekends. I appreciate there are a lot of people on their own who find weekends difficult. One U3A has a Sunday lunch group once a month - while in another, people meet in each others' homes for afternoon tea. If you would be interested in setting up a group that would meet at the weekend, please contact David Armstrong or Ann Smith and we will see what can be done.

Dorothy M Chesterman
Chairman

While **The Wellspring** are most grateful for all contributions to their foodstocks. They find the following items the most useful:

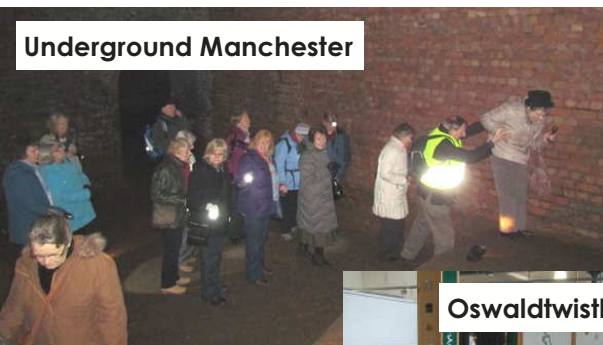
**** Disposable razors ... any tinned meats ...
coffee ... Sugar ****

Congratulations to the Knitting Group, who raised a magnificent £125 from the sale of Easter chicks. All proceeds have gone to '**The Wellspring**'.

Bramhall Festival Artisan Market

Bramhall U3A are having a stall at the Bramhall Festival on Sunday 30th June between 2-5pm, in Bramhall Precinct
We will be selling hand made greeting cards and knitted items made by members of our U3A craft groups. There will be a celebrity picture quiz and information about Bramhall U3A. All money raised will go to '**The Wellspring**' a charity for the disadvantaged of Stockport.
www.thewellspring.btck.co.uk/

U3A out & about ...



Underground Manchester



Oswaldtwistle Mills



Hack Green nuclear bunker



Please note - During July and August, the hall we use for our monthly meeting is being refurbished and will not be available. For those two months our meetings will take place in Bramhall United Reform Church, on the corner of Robins Lane.

Chairman	Dorothy Chesterman
Vice-chairman/secretary	Joy Armstrong
Treasurer	Alistair Gardner
Groups organisers	David Armstrong
	Ann Smith
Membership secretary	Kay Witham
Speakers secretary	Jane Hind
External Relations secretary	Mike Hollingsworth

Dates for Your Dairy

20 June
That Certain Age
Gay Rhodes

18 July
Snow in my beard -
and a big belly
Dr. Adrian Sutton

15 August
Lower Mosswood
Nature reserve
Ray Jackson

19th September
My Life in the Wine
Trade
Ian Bostock

**Bramhall U3A meetings are held monthly at: St Michael's Church.
Every 3rd Thursday, 1.30pm for 2pm. Members Admission - £1.**

Group news ...

Chess for Beginners

Interested in learning how to play Chess? Then please register your interest by emailing groups@bramhallu3a.org.uk. The meetings will start in September if enough people apply.

Music for Leisure

We welcome new members. Meetings are on the 3rd Friday of the month at 10.30am for two hours of musical entertainment. Each programme is devised by a different member of the group. You could hear opera, classical, jazz, musicals, divas, big bands, in fact anything goes. It all adds up to a relaxing morning in congenial company.

Science for All

The speaker on Tuesday 28 May (2pm; Lounge, St Michael's church) is Martyn McFarquhar who is talking on: "Resilience to Depression". Some members of the U3A were volunteers for his research study and are very welcome to come to the talk even if they are not members of the Group.

Other forthcoming talks are "CERN, the Large Hadron Collider, the Higgs Boson and all that" on 24 September and "Drug Discovery process over the years" on 26 November.

The Group is visiting Jodrell Bank on 25 June and the Anson Engine Museum on 22 October. Interested in joining the Group? Contact Mike Hollingsworth.

Pilates - Stretch & Relax - IT'S SUMMER!!!

Courses start June 3

Booking has commenced for the next courses which start Monday 3rd and Thursday 6th June

These courses will run for 6 weeks.

If you have attended before and wish to return, or have experience of Pilates exercise then you are welcome to join either of the Monday sessions 10.15 and 11.30 or Thursday at 10.00 subject to limited availability of vacant places.

The Thursday 11.15 sessions are for beginners so if you would like to give it a try this is the session for you!

Please contact Wendy Litchfield (Instructor) with any enquiries and queries or visit the Bramhall U3A website

Walking Group

Wed 22 May
Bollington
5miles, Mod.
Liz Pennington

Thurs 13 June
Goyt Valley
4 miles, Easy/Mod.
Marjorie Davies

Wed 26 June
Bollington
Tony Sharples

Thurs 11 July
Tittesworth
4.5miles, Easy
Peter Rhodes

Wed 24 July
Wildboarclough
5miles, Mod
Bob Dumbarton

Thurs 8 Aug
High Lane
5miles, Easy/Mod.
Derek Arkinstall

Walk Leaders are still needed for: September 25, October 10 + 23, November 14 + 27

Please contact Bob Dumbarton if you can help out on any of these dates or email groups@bramhallu3a.org.uk with your details.

Theatre, Visits and Outings ...

Event date	Event	Price
Fri 21 June	Ferry 'Cross the Mersey and Ness Gardens*	£20
Thurs 11 July	Ghost, Manchester Opera House (matinee)	£32
Fri 19 July	Stamford, Lincs	£20
Wed 14 August	Save the Last Dance for Me, Palace Theatre (matinee)	£32
Thurs 5 September	Portmeirion, N. Wales	£35
Thurs 14 November	Singin in the Rain, Manchester Opera House (matinee)	£40
Wed 27 November	BBC Media City, Salford	£7.25
Mon 2 December	WarHorse, Lowry Theatre (evening)*	£50

In June we are off to Merseyside – a boat trip round the Mersey estuary followed by Ness Gardens. Although this outing is full, we are taking names for a waiting list. We go further afield in July to **Stamford, Lincs**, a near perfect Georgian town, used as a setting for many costume dramas. Summer means seaside and this year **Portmeirion** in North Wales is our choice for September. Although not until November, **BBC Media City** has been put on sale as only 20 places have been booked. If demand is high, we will book more visits when bookings become available.

Community news ...

Stockport College Summer School for U3A members **begins Monday 15th July 2013**. Full details are on the **Community Information** section of the website.

Topics available are:

15 July: 'Universal Suffrage in 19C Britain';

16 July: 'Modern electronic Technology and how it works';

17 July: 'Exploring the Universe from Jodrell Bank' (**Full**) & 'From crime scene to court';

18 July: 'Richard III' and

19 July: Crime scene investigations.

For further details and booking information contact Mike Hollingsworth

Black Country Living Museum. U3A was back to school with slates and chalk during our recent visit.



Cancellation and Guest policies

Full refund will be made if a booking is cancelled by telephone within 2 days of the booking being made.

A refund of transport costs will be made if there are a sufficient number of members on the trip to cover transport costs. **A refund of ticket costs** can only be made where either the ticket has not yet been purchased, e.g. National Trust properties, or the ticket is sold to another member.

Guest policy – Non-members can come on an outing as the guest of a member on one occasion only.

The events marked with a * are full but you can apply to go on the waiting list. The costs for all outings include transport, driver's tip and tickets. Events can be booked at monthly meetings and via our website www.bramhallu3a.org.uk/. The dates of several future outings, for which bookings are not being yet taken, are posted on the website under Dates for your Diary.

Science Study Day

'The Wonders of the Universe'

Tues 10th September 9.30-3.30, Gatley URC, Elm road, Gatley

Professor Ian Morison - "The Creation and Evolution of the Universe"

Professor Fred Loebinger - "The Inner Secrets of the Universe – the Story of Elementary Particle Physics"

Cost:

£15, including lunch and am/pm refreshments

For further details and booking form see the Bramhall U3A website, Other Events or contact Mike Hollingsworth

(Organized by the NE Cheshire U3A Network)

Bramhall U3A Interest groups

Group	Coordinator	Meeting dates
Archaeology	Peter Levy	Outings usually on Fridays
Art	Peter Richardson	Alt Mondays 1-3pm
Badminton	Jenny Gibson	Tuesday 2-4pm
Bird Watching	Diana Oldfield	Monthly; Please call.
Book group	Dudley Newell	4th Thursday
Bridge - Improvers	Rodney Inglesfield	Wednesdays 10am-noon
Canasta group	Sue Young	1st Thu @ 7pm + 3rd Mon @ 2pm
Card making	Dorothy Chesterman	Alt Mondays
Choir	Chris Hollingsworth	2nd and 4th Tues 10am-noon
Church history	Dorothy Chesterman	Alt Weds 10am-noon
Computers	Michael lacey	Please call for details
Creative writing	Keith Wright	2nd Wednesday 2pm
Crown green bowling	Ann Smith	Mondays 10am
Cycling	Ann Green	Tuesdays
Dining	Janet McMurray	Monthly - Tuesday or
Dining	Joy Armstrong	Wednesday evenings
Discussion group A	Dina Levy	4th Monday 2pm
Discussion group B	Pat Wright	3rd Friday 2pm
Embroidery	Dorothy Chesterman	2nd Thursday 10am -12noon
Family History A	Diane Bright	Wednesdays 2pm
Family History B	Mary Hambleton	Wednesdays 2 - 4pm
Family History C	Brian Turner	First Thursday 1-3pm
Film & discussion	Pamela Roth	4th Wednesday 10.30am
French	Kay Witham	Alternate Mondays 2pm
Gardening	Ron Butler	Thursday 2pm
German Intermediate	Alison Davids	2nd and 4th Tuesdays
History	Tom Fanning	Alt Thurs 10 -12
Italian	Helen Webster	Alt Thursdays 10am
Knitting	Mary Flynn	1st Tuesday 2pm
Line Dancing	Chris Chapman	Wednesday 1.30-3.30pm
Mapping Bramhall	Val Murray	3rd Monday 2pm
Music for leisure	Joanne Haigh	3rd Friday 10.30am
Norwegian	Joan Mobbs	Tuesdays 10.30am
Personal Image	Catherine Jones	Thursdays 10am-noon
Pilates	Wendy Litchfield	Mon 11.30-12.30 + Thurs 10-11
Play reading Group	Olga Hampson	1st Thursday 10am
Poetry	Lynn Whyte	2nd Monday 2pm
Pub Quiz	Sheila Porter	4th Sunday 8.30pm
Scottish country dance	Sheila Bruce-Smith	Alt Fridays 1.30 - 3pm
Science for All	Mike Hollingsworth	4th Tuesday 2 - 4pm
Scrabble	Val Barker	2nd Monday 2 - 4.30
Spanish Upper Intermediate	Gaye Huddart	Tuesdays 10-11.30am
Spanish Intermediate	Diana Blaney	Thursdays 2-4pm
Swimming	Jo Critchley	Mon 7pm; Thurs 9.30am at Hazel Grove pool
Table Tennis	Liz Pennington	1st + 2nd Wed and 4th Mon 10.30 - 12.00
Walking	Bob Dumbarton	See newsletters and website
Theatre/outings	Chris Hollingsworth	See newsletters
	Val Graham	and
	Jenny Richmond	website
Holidays	Peter Rhodes	See newsletters and website