

# **Bramhall**



THE UNIVERSITY OF THE THIRD AGE

## **Newsletter**

**Issue 5**

**October 2010**

### **Chairman's message**

October 1<sup>st</sup> was World Older People's Day and to mark it Stockport held an All Our Tomorrows Conference at the Town Hall which I attended on your behalf. It was a consultation of what we older people of the borough felt the needs to be and was organised by Stockport MBC, Stockport NHS, the Police and Age Concern.

Under housing, I brought to their attention that this area had a large number of retired people who in 5-10 years may need more sheltered or supported housing than is at present available.

One of the schemes they are promoting is NO COLD CALLING AREAS in order to protect older people from scams. Talking to the police on their display I mentioned the cold callers we'd had in Woodford who say they are ex-prisoners on a scheme set up by the probation service.

They are selling small household goods and say that if they show they can make a go of this, they will be helped to get a permanent job. I was advised that the police did not know of this scheme and if they called again we should call them on 01618725050 and they would investigate. If at any time you are uncomfortable about cold callers, please call that number and refer to the Stockport No Cold Calling scheme.

We are one year old in November and we now have over 470 members. The members of the committee have indicated that they are willing to stand for re-election and you will shortly be sent information about our AGM which will be held in February 2011. There are a number of off-shoot groups starting up which is great news. Could you please ensure that they are registered with Sue Bosworth so they we can be sure that you are covered by U3A insurance.

The choir is now meeting on alternate Tuesday mornings at the URC church – more members would be welcome We are preparing to entertain you at our Christmas Meeting in December. No experience is needed – just come along.

Two other U3A groups are getting off the ground in our locality.

The launch meeting for the Wilmslow U3A was due to be held yesterday (Wednesday, October 20). The contact number is 01625 526475. The inaugural meeting for the proposed Poynton and Worth U3A has been scheduled for November 24 (2pm) at the Civic Hall.

**Dorothy M Chesterman**

## Your Committee

<b>Chairman</b>	<b>Dorothy Chesterman</b>
<b>Vice-chairman/secretary</b>	<b>Joy Armstrong</b>
<b>Treasurer</b>	<b>Alistair Gardner</b>
<b>Groups co-ordinators</b>	<b>Sue Bosworth Joyce Street</b>
<b>Membership secretary</b>	<b>Kay Witham</b>
<b>Speakers secretary</b>	<b>Jane Hind</b>
<b>Theatre/Outings Co-ordinators</b>	<b>Judith Fell Christine Hollingsworth</b>
<b>External Relations secretary</b>	<b>Michael Hollingsworth</b>
<b>Newsletter Editor</b>	<b>Peter Levy</b>

■Website manager Charlie Barker

■All meetings at St Michael's Church, Robins Lane Bramhall 2pm (doors open at 1.30pm). Please have your membership cards and £1 admission fee with you. The next meeting is on November 18 when Kevin Whitaker will speak on AV Roe and Woodford. Please note that our December meeting is being held on the second Thursday of the month, usually they are held on the third Thursday of each month. The December meeting is our Christmas party, with mulled wine and mince pies plus various entertainments, choir, quiz etc. As there has to be a limit of 130 for this event, admittance will be by ticket.

**Educational activities** As well as the educational activities offered by the Bramhall U3A, there are several others available through the national and even international branches of U3A. Online courses are provided by the UK U3A Trust on topics such as Art History and Creative writing. Australia has a virtual U3A offering some 40 online courses, which U3A members anywhere in the world can subscribe to. All of these courses can be accessed via <http://www.u3a.org.uk/>. The North-West region of the U3A is running a residential school 26-28 April 2011 at Myerscough College near Preston. For an all-inclusive price of £185 you can choose a course from Archaeology, Astronomy, Creative writing, Family History, Geology, Golf (cost £215), Looking at Pictures or The Victorians. Details at <http://nwu3a.web.officelive.com/2011EasterSchool.aspx> Mike Hollingsworth, External Relations secretary

**First Aid Session** Accidents and ill-health can happen to anyone, whether it is yourself, your husband, wife, partner, child, grandchild or friend. However would you know how to administer basic first aid which could be invaluable prior to a doctor or paramedic arriving? Initial casualty treatment does not have to be complicated and such skills can be used at home or when you are out and about.

Therefore Bramhall U3A are organising a First Aid Session which will be held in early 2011 and will probably last about two hours. It will not be 'hands-on' but is likely to be more of a presentation by one of the large First Aid Organisations.

If you are interested in attending a First Aid session, please contact Bob Dumbarton by email (preferably) at [r.dumbarton@talktalk.net](mailto:r.dumbarton@talktalk.net) (closing date 30th November 2010). Cost will be minimal £2-£3 per person depending on numbers attending. Further details will be available once the probable attendance figures are known.

**Table Tennis** There will be a taster session on Wednesday 27th October (10.30 -11.30am), the Scout Hut, Fir Road (opposite the Ladybrook Hotel). Bats and balls provided. Everyone welcome. contact Liz Pennington Email [lizpennington@msn.com](mailto:lizpennington@msn.com)

**Holidays** Peter Rhodes has offered to be the organiser for holidays. Watch this space

**Spanish** has started up again, sessions in one another's houses on Tuesdays from 10-11.30am. The sessions are very lively and great fun. Next meeting on November 2. Members interested in joining our group contact Gaye Huddart.

# Theatre and Outings

Our programme is proving very popular with a very successful outing to the Mikado at the Buxton Opera House in August. A beautiful day with time to wander around Buxton included a superb performance by the G & S Opera Company. A trip to see Oklahoma at the Manchester Opera House and an outing to Lichfield/National Memorial Arboretum took place this October. Both were hugely enjoyed by everyone.

**Autumn/winter programme** Christine Hollingsworth and Judith Fell will be available at the monthly meetings to give further information about future venues and take bookings. If you are unable to attend the meetings, please ask a friend to either book or obtain details for you. Booking forms are also posted on the website <http://www.bramhallu3a.org.uk>.

Coach travel is normally included in the price (see exceptions below).

A visit to the Lichfield/National Memorial last week (right) was enjoyed by all



Event date	Event	Price
Friday 12 November	The World of Glass (including lunch) and Bents Garden Centre	£20.50
Thursday 25 November	Tour of Stockport Town Hall followed by Afternoon tea (own transport)	£5.00
Saturday 4 December	Wellspring charity show "The Spirit of Christmas" at Stockport Plaza (own transport)	£10.00
Wednesday 16 February	NEW - Guided tour of Bridgewater Hall, Manchester (own transport)	£4.00

Christine Hollingsworth and Judith Fell (Theatre and Outings co-ordinators)

<http://www.bramhallu3a.org.uk/diary.html> where you can download and complete the forms and email to [outings@bramhallu3a.org.uk](mailto:outings@bramhallu3a.org.uk).

## Walking Group Itinerary for the next two months

Walk type	Leader	Location	Length	Grade
Oct 27 short	Peter Wood	Goyt Valley	4.5miles	Easy
Nov 4 short	Rodney Inglesfield	Rowarth	4 miles	Mod
Nov 11 Long	Peter Jaques	Bollington	5 miles	Easy/Mod
Nov 24 short	Sandy Millard	Macclesfield	4 miles	Easy
Dec 2 short	To be arranged			
Dec 9 long	Bob Dumbarton	Gawsworth	6 miles	Easy

■The newsletter is available at monthly meetings, as is the U3A magazine. It is published every other month, with the next edition due out in December. Any members with friends not at the monthly meetings are urged to take a copy for them. The newsletter is also available on our website, [www.bramhallu3a.org.uk](http://www.bramhallu3a.org.uk)

## Register . . . Register . . . Register . . .

Interest	Co-ordinator	Meeting dates
Archaeology	Berry Tomlinson	To be arranged
Art	Peter Richardson	Alt Mondays 1-4pm
Badminton	Chris Wild	To be arranged
Beginners Bridge	Rodney Inglesfield	Fridays 10-12noon
Bridge (experienced)	Pat Wright	By arrangement
Book group A	Rachel Mulliner	3 <sup>rd</sup> Monday 2pm
Book group B	Dudley Newell	4 <sup>th</sup> Thursday
Card making	Dorothy Chesterman	Alt Mondays
Classical Greek	Chris Wild	To be arranged
Choir	Chris Hollingsworth	Alt Tues 10am-noon
Church history	Dorothy Chesterman	Alt Weds 10am-noon
Computer/software	Gordon Jackson	Alt Tuesdays 2pm
Cycling	Ann Green	To be arranged
Digital Photography	Harry Bosworth	Monday afternoons
Dining	Janet McMurray/ Joy Armstrong	Monthly, Tuesdays or Wednesdays
Discussion group A	Dina Levy	4 <sup>th</sup> Monday 2pm
Discussion group B	Pat Wright	3 <sup>rd</sup> Friday 2pm
Family History A	Diane Bright	Tuesdays 2pm
Family History B	Mary Hambleton	Wednesdays 2-4pm
Family History C	Brian Turner	Thur, Tue, once a month
Film & discussion	Pamela Roth	4 <sup>th</sup> Wednesday 10.30am
French	Kay Witham	2 <sup>nd</sup> Monday 2pm
Gardening	Ron Butler	Thursdays 2pm
German beginners	Jean Cox	4 <sup>th</sup> Tuesday monthly
German advanced	Evelyn Ingram	
History	Tom Fanning	Thursday alt weeks
Italian	Helen Webster	Tuesdays 10.30am
Knitting	Mary Flynn	1 <sup>st</sup> Tuesday 2pm
Life Coaching	Janet Owens	To be arranged
Mapping Bramhall	Val Murray	3 <sup>rd</sup> Monday 2pm
Classical music	Ken Mulliner	1 <sup>st</sup> Wednesday
Music (for leisure)	Joanne Haigh	3 <sup>rd</sup> Friday 10.30am
Norwegian	Dorothy Chesterman	
Numerology/graphology	To be arranged	
Personal Image	Catherine Jones	Tuesdays am 10-12
Poetry	Jean Budd	3 <sup>rd</sup> Monday 2pm
Pilates	Wendy Litchfield	Monday 11.30-12.30 and Thursday 10-11am
Pub Quiz	Sheila Porter	Sunday evenings
Recorder	Mabel James	Mon; 2pm beginners, 3pm advanced
Scottish country dance	Sheila Bruce-Smith	Sept 10, 24; Oct 8, 22; Nov 5, 19; Dec 3, 17 1.30-3pm
Spanish	Gaye Huddart	Tuesdays 10-11.30am
Swimming	Jo Crichley	
Table Tennis	Liz Pennington	
Theatre/outings	Judith Fell Chris Hollingsworth	See full details P3
Walking	Bob Dumbarton	See full details P3